

# Mandatory Safety Guidelines

## Arrival/Dismissal

1. All staff and students are required to check symptoms daily before leaving to go to dance. We ask that parents be vigilant of their family's health and NOT send anyone to DDC under the following circumstances.

a. If you, your dancer, or someone in your home has experienced any of the following known symptoms of COVID-19, according to the Centers for Disease Control & Prevention, within the last **5 days**:

- fever or chills
- cough
- shortness of breath or difficulty breathing
- Fatigue, muscle or body aches
- New loss of taste or smell
- Sore throat
- Nausea or vomiting
- Diarrhea

b. If you, your dancer, or someone in your home has been in contact with someone, who has been in contact with a person who has been diagnosed with COVID-19.

c. If you, your dancer, or someone in your home has traveled to a restricted area (as defined by the local government health authorities) in the last 14 days, or anyone who has been advised to be under self-quarantine.

***\*See quarantine procedures for further information surrounding COVID symptom development, direct contact, and confirmed case procedure.***

2. Temperatures will be checked upon entrance to the facility. If an individual's temperature is 100.4 degrees or above, the individual and family members are required to stay home from dance until symptom free for 72 hours.

3. Our lobby will be closed. All dancers age 7 and up must be dropped off at the door **no earlier than 5 minutes** before the start of their first class, and must be picked up outside of their exterior class door **5 minutes prior** to the scheduled ending of their class (exterior doors will be labeled with the studio numbers). For dancers ages 6 and under, only ONE family member is allowed to accompany the dancer in the lobby. Please, no siblings.

4. Dancers age 7 and up will enter through the front doors, and exit through the emergency exit doors in the studio their class occurs. Studio numbers are indicated on the interior and exterior doors of the building.

5. When entering the facility, and waiting in the lobby, you are required to wear a mask. The only exception is for dancers age 6 and under who are not yet able to wear masks.

6. Upon entry to the building and/or studio, all individuals will be required to wash their hands or apply sanitizer. Dancers will also be required to apply sanitizer or wash their hands upon leaving the classroom.

7. Dancers should arrive dressed and ready for their class – hair and attire. Only 2 individuals will be allowed in the dressing area at any given point in time.

8. Dancers should bring one small bag with them that contains ONLY the items they need for the night. The dancers' cover-up clothing and street shoes should be placed in their bag following removal. Dancers should take this bag with them into class.

## Mandatory Safety Guidelines Continued

### **Use of and Sanitation of Facilities**

1. Disinfection of high contact surfaces, such as ballet barres, chairs, tables, door handles, restrooms will be completed every hour, and/or following each class. Floors will be sprayed with Lysol if available.
2. Hand sanitizer and disinfection wipes will be available in every classroom, and throughout the facility. Any individual in the lobby area must wear a mask (with the exception of dancers age 6 and under who are unable to wear a mask) and maintain 6-foot social distancing when possible.
3. Only 2 individuals are allowed in the Dressing Area/Restroom at a time, and this is for restroom use or to wash hands only.
4. The drinking fountain will be off limits. Dancers must bring their own water bottles.
5. The lost and found has been eliminated. Any items left behind will be disposed of, so please ensure you leave the building with all of the personal belongings you came in with.
6. All heating and air conditioning units have been inspected, serviced, and cleaned to facilitate optimal air circulation. All exterior studio doors will remain open as long as the elements allow.

### **In the Classroom**

1. Dancers are required to wash their hands or apply hand sanitizer before entering the classroom, and upon leaving the classroom.
2. All studios have been measured and tape markings have been placed adhering to 6-foot social distancing requirements. This spacing must be maintained unless instruction requires close interaction with the instructor. Teachers will be discussing this with dancers at the start of each class, but I ask parents and guardians to take some time to discuss this with your dancers.
3. Personal items, which should be one small bag that contains ONLY the items needed for the night, cover-up clothing, and street shoes should be placed on a red tape marking around the perimeter of the room.
4. Dancers age 10 & up are required to wear facial coverings in the classroom. Faculty and staff are required to wear facial coverings at all times. Exceptions are allowable if it is not advisable to wear a facial covering due to a medical condition, developmental disability, or if there is a functional (practical) reason for an individual not to wear a facial covering.
5. Dancers will not be allowed to dance barefoot at this time. Modern and Contemporary classes that normally dance barefoot will be required to wear ballet shoes for the duration of the class. This rule applies for private lessons as well.
6. Activities or movement requiring student direct contact will not be executed.
7. Prop use in classes will be limited, and any time props are utilized, they will be disinfected immediately following use.
8. As much as it breaks our hearts, end of class stamps or hugs will not be given at this time. Please prepare your dancer with this information ahead of time. End of class instructor appreciation must be executed with social distancing in mind.

## Quarantine Procedures

### Intermittent Quarantine

#### 1. Quarantine Due to Symptoms

- An individual student or staff member who shows symptoms of COVID-19 should inform his or her teacher as soon as symptoms are discovered.
- Students/staff should immediately stay home until symptom free for 72 hours.
- Anyone showing symptoms will be referred for testing.
- While under symptom-based quarantine, virtual links will be sent for continued class participation.

#### 2. Quarantine Due to Direct Contact with COVID-19 Case

- Students/staff who have been within six feet of a confirmed COVID-19 case for fifteen consecutive minutes or more over the past ten calendar days, must stay home from dance for fourteen calendar days from the time they were last exposed to the infected individual or until they receive a negative COVID-19 test result.
  - This would include students dancing in classes immediately around the infected student/staff member.
  - This would likely not include lobby, or other exposure in the facility, due to the time consistently being within six feet being less than fifteen consecutive minutes.
- While under COVID-19 quarantine, virtual links will be sent for continued class participation.

#### 3. Quarantine Due to Confirmed COVID-19

- Students/staff and their families must work with their doctor, schools, DDC, and the Montgomery County Health Department to contact trace all individuals the person has been within six feet of, over fifteen consecutive minutes of time, beginning the 48 hours prior to the onset of symptoms (for those cases that are symptomatic) or the 48 hours prior to the test being taken (for asymptomatic cases) and ending at the time the staff/student was isolated.
- Students/staff who are symptomatic must stay home, in the care of a doctor, until all of the following criteria have been met:
  - Three days with no fever (without using fever reducing medication)
  - Other symptoms have improved
  - Ten days since symptoms first appeared
- Students/staff who are asymptomatic must stay home, in the care of a doctor, until ten days have passed since testing positive without any symptoms developing.
- These requirements are subject to change, based on CDC & ODH recommendations.
- While under confirmed COVID-19 quarantine, virtual links will be sent for continued class participation.

### Long Term Closure/Quarantine

1. With the governor's new color coded, tiered COVID-19 warning system, counties will be rated on a weekly basis. Montgomery County is currently on level 3. Depending on our level as a county, there could be strong restrictions placed on us by the county health department or the state government that we must adhere to.

2. Should DDC need to close for an extended period of time, we will move to a virtual class structure.

**\*Due to the ever-changing circumstances surrounding COVID-19, these guidelines and procedures are subject to change.**